



Featured Spa Resorts

So what's your pleasure?

A therapeutic massage, yoga or maybe a seaweed wrap? Below is a list of the spa packages and highlights of services offered. Choose your ideal spa getaway, and begin your journey back to relaxation.

CARIBBEAN

ANTIGUA

Sandals Grande Antigua Resort & Spa

- Red Lane™ Spa
- Hydrotherapy *
- Body and facial treatments

ARUBA

Radisson Aruba Resort & Casino

- Larimar Spa
- Exfoliation, nourishing and detoxifying body treatments

Tierra Del Sol Resort & Country Club

- Golfer's Par Excellence *
- Hydrotherapy with Vichy shower

THE BAHAMAS

Nassau/Cable Beach Sandals Royal Bahamian Spa Resort and Off Shore Island

- Red Lane™ Spa
- Couples massage *
- Spa salon

Wyndham Nassau Resort & Crystal Palace Casino

- Palace Spa
- Deep tissue massage *
- Reflexology and mini facials

Grand Bahama Island The Westin Grand Bahama Island Our Lucaya Resort

- Bahamian Wrapsody *
- Day spa packages

BARBADOS

Amaryllis Beach Resort

- Chateau de Beaute
- Free skin analysis
- Superior Guinot anti-aging beauty treatment from France

Sandy Bay Beach Club

- Bajan Synchronizing massage *
- Spa packages

BERMUDA

Elbow Beach Bermuda

- The Spa at Elbow Beach
- Specialized facials and body scrubs
- Rum Swizzle, Ocean Wave and Cooling Sun Savior Rituals *

Fairmont Southampton

- Willow Stream Spa
- Willow Stream Elements Body Experience *

CAYMAN ISLANDS

The Ritz-Carlton, Grand Cayman

- Silver Rain, a La Prairie Spa
- Two if By Sea *

CURAÇAO

Breezes Curaçao Resort, Spa & Casino by SuperClubs

- Sea Breeze Relaxation Massage *

Hilton Curaçao

- The Color of People Spa
- Hydrotherapy *
- Massage, facials, wraps

DOMINICAN REPUBLIC

Juan Dolio Costa Caribe Coral Juan Dolio Resort

- InSense Spa & Salon
- Deep in Drops body treatment *
- Breathing Body treatment *

La Romana

Oasis Canoa Beach Resort & Spa

- InSense Spa & Salon

Sunscape Casa Del Mar

- The Metemorphosis Spa
- Hydrotherapy including "Cleopatras Milk Bath", "Chocolate Dreamland" and "Exotic Flower Bath" *

Puerto Plata – Cabarete Breezes Puerto Plata Resort & Spa by SuperClubs

- Lighthouse Spa
- Polarity Therapy-Illuminate *
- Hydrotherapy, yoga

Puerto Plata – Cofresi Beach Sun Village Beach Resort

- Cofresi The Spa
- Original Pevonia Full Body Seaweed Wrap *

Puerto Plata – Playa Dorada Grand Oasis Marien Beach Resort & Spa

- InSense Spa & Salon

Punta Cana

Barceló Punta Cana

- Shiatsu *
- Rejuvenation package

Dreams Punta Cana Resort & Spa

- The Spa at Dreams Punta Cana
- Body Treatments including Mocha Thrill *, I Love Aloe *, A touch of Rum *

Excellence Punta Cana

- Spa at Punta Cana
- Spa Garden *
- Hydrotherapy Treatments, Hot Stone and Deep Tissue Massages, Miile Mind & Body rituals

Majestic Colonial

- SPA Majestic Punta Cana
- Massage Therapies
- Turkish bath & sauna *

Meliá Caribe Tropical

- 2 world-class spas
- Massage, facials, body treatments

Paradisus Palma Real

- Body and facial treatments
- Spa boutique

Paradisus Punta Cana

- Body and facial treatments
- Jacuzzi, sauna, steam room

Sivory Punta Cana

- Sivory Punta Cana Aquerea Spa & Wellness Center
- Hydrotherapy and Massage packages
- Vichy Shower *

Santo Domingo

Meliá Santo Domingo Hotel & Casino

- Spa services available

JAMAICA

Montego Bay

Sandals Inn

- Red Lane™ Spa
- Four handed massage *
- Salty Margarita Scrub

Sandals Montego Bay

- Red Lane™ Spa
- Seaweed body wrap *
- Massage therapy, facials

Sandals Royal Caribbean Resort & Private Island

- Red Lane™ Spa
- Facials
- Water Lily Wrap

Half Moon

- Fern Tree
- Deep tissue massage *
- Vinchy & Swiss showers

The Ritz-Carlton, Golf & Spa Resort, Rose Hall

- Sugarcane body scrub *
- Hydrotherapies

Negril

Beaches Negril Resort & Spa

- Red Lane™ Spa
- Mineral salt bath *
- Hair and nail services

Beaches Sandy Bay

- Red Lane™ Spa
- Four handed massage
- Tropical Bliss massage

Sandals Negril Beach Resort & Spa

- Red Lane™ Spa
- Massage Duet *
- Couples services

Grand Lido Negril Resort & Spa by SuperClubs

- Oxygen facial *
- Wedding and honeymoon deluxe packages

Hedonism II by SuperClubs

- Oxygen facial *
- Sea salt therapy

Ocho Rios

Beaches Boscobel Resort & Golf Club

- Red Lane™ Spa
- Reflexology *
- Facials, body treatments

Sandals Dunn's River Villaggio Golf Resort & Spa

- Red Lane™ Spa
- Swedish massage *

Sandals Grande Ocho Rios Beach & Villa Resort

- Red Lane™ Spa
- Four-handed massage *
- Facials, body treatments

Royal Plantation, Ocho Rios, Jamaica

- Red Lane™ Spa
- Salty Margarita Scrub *

Runaway Bay/Trelawny

Grand Lido Braco Resort & Spa by SuperClubs

- Oxygen facial *
- Wedding and honeymoon deluxe packages

Breezes Runaway Bay Resort & Golf Club by SuperClubs

- Blue Mahoe Spa
- Blue Mahoe signature facial *
- Zen massage

South West Coast

Sandals Whitehouse European Village & Spa

- Red Lane™ Spa
- Deluxe massage sampler *
- Couples services

PUERTO RICO

Fajardo

El Conquistador Resort & Golden Door Spa

- Golden Door Spa
- Mango Tango *
- Energy balancing

Las Casitas Village & Golden Door Spa

- Golden Door Spa
- Mad about Mango Manicure and Pedicure
- Lemongrass body scrub

Ponce

Hilton Ponce Golf & Casino Resort

- Sauna & Spa by Victoria Spa
- Victoria's Deluxe Spa *
- Anti-stress massage *

Rio Grande

Gran Meliá Resort & Villas

Puerto Rico

- Rainforest Signature™ Treatment *
- Spa wellness

San Juan Condado

Caribe Hilton

- Olas Spa & Health Club
- Cucumber Mint body wrap
- Olassage *

San Juan - Isla Verde

The Ritz-Carlton, San Juan Hotel, Spa & Casino

- Rainforest stone massage *
- Spa packages

ST. LUCIA

Sandals Grande St. Lucian Spa & Beach Resort

- Red Lane™ Spa
- Deluxe massage sampler *
- Beauty treatments, hydrotherapy

Sandals Halcyon Beach St. Lucia

- Red Lane™ Spa
- Couples Massages
- European style body wraps, scrubs & hydrotherapy

Sandals Regency La Toc Golf Resort & Spa

- Red Lane™ Spa
- Mud masque *

Anse Chastanet

- Ultimate Get Away From It All treatment *

BodyHoliday at LeSpport

- Oasis
- Exotic Ayurvedic massage *
- Body wraps and facials

TOBAGO

Hilton Tobago Golf & Spa Resort

- Equilibrium Face & Body Spa
- Massage, facials, body treatments
- Laser technology, micro dermabrasion, electrolysis

TURKS & CAICOS

Beaches Turks & Caicos Resort & Spa

- Red Lane™ Spa
- Deluxe massage sampler *
- Body treatments

LATIN AMERICA

COSTA RICA

Paradisus Playa Conchal

- Costa Rican Lava Rock Massage *
- Spa packages

FUN FACT: The term “spa” comes from Belgium, where the town of Spa and its ancient hot springs have attracted visitors for many centuries. The town’s spring water is rich in iron, and is believed to have curative powers when imbibed by people with iron deficiencies.



MEXICO

ACAPULCO

The Fairmont Acapulco Princess

- Willow Stream Body Experience *
- Spa packages available

The Fairmont Pierre Marques

- Willow Stream Body Experience *
- Spa packages available

The Grand Mayan Wyndham Acapulco

- Brio Spa
- Swedish massage
- Aromatherapy/reflexology
- Massage by the sea

CANCUN

Aqua Cancun

- Aqua Spa
- Temazcal Treatment *

Beach Palace

- New “ultra-modern spa”
- Hydrotherapy facilities
- Resting lounge, sauna, steam room

Cancun Palace

- Hydrotherapy facilities
- Resting lounge, sauna, steam room

Dreams Cancun Resort & Spa

- Spa Journeys by Pevonia
- De-stress Journey, Relaxation Journey, Rejuvenation Journey and Spa Lifestyle Journey *

Fiesta Americana Condesa Cancun

- Over 40 body, skin, & hair treatments
- Jacuzzi, steam room

Fiesta Americana Grand Coral Beach Cancun

- Rejuvenating spa treatments available

Grand Meliá Cancun

- Relaxing massage *
- Fitness center, Steam room

GR Solaris Cancun

- The Spa GR
- Aromatherapy Salt Glow
- Choco Therapy *

Le Blanc Spa Resort

- Le Blanc Spa
- Four Hands Massage *
- Hydrotherapy facilities

Le Meridien Cancun Resort & Spa

- Spa Del Mar
- Beach moonlight massage *
- Swiss showers, sauna, Jacuzzi

ME Cancun

- Yhi Spa
- Hydrotherapy, aromatherapy
- Facials, massages, body treatments

Moon Palace Golf & Spa Resort

- Holistic Massage *
- Hydrotherapy facilities, resting lounge
- Spa packages

NEW Gran Caribe Real Resort & Spa

- SPAREAL
- The “Fast Mayan Relief” package *
- “Pampering Your Body and Soul” package *
- “Bring the Light Back” package *

THE ROYAL Cancun

- SPAZul
- “Universal Life”, “Sun and Ocean”, “Sweet Tequila Experience” spa packages

Sun Palace

- New spa facility with hydrotherapy area
- Resting lounge, sauna, steam room

PLAYA MUJERES

Excellence Playa Mujeres

- Spa at Playa Mujeres
- Authentic Swedish Saunas, Roman Caldariums, Shiatsu Therapy, Balneotherapy
- Reflexology Massages and “By the Ocean” Couples Massage

RIVIERA MAYA

Aventura Spa Palace

- Blissful Couples Massage *
- Chilled champagne and strawberries after the treatment

Dreams Tulum Resort & Spa

- Spa Journeys by Pevonia
- De-stress Journey, Relaxation Journey, Rejuvenation Journey and Spa Lifestyle Journey *

Excellence Riviera Cancun

- The Spa
- Temazcal treatment *
- Salute Per Aqua

Gran Porto Real Resort & Spa

- SPAREAL
- “Moonshine” massage area for two under the stars

The Grand Mayan Wyndham Riviera Maya

- Brio Spa
- Revitalizing massages
- Private open-air “Grand-Mayan Palapas”

Iberostar Paraiso Maya

- El Spa
- Janzue massage under the water *
- Turkish and Roman Baths, Vichy Showers
- Shiatsu, Reflexology, Hot Stone Massage
- Chocolate & Coffee body wraps

Paradisus Riviera Cancun Resort

- The Spa at Paradisus Riviera Cancun
- Traditional Mexican Temazcal Steam Bath
- Thalassotherapy, aromatherapy

Paraiso De La Bonita Resort & Thalasso

- Thalasso Center & Spa
- Paraiso de la Bonita massage *

Playacar Palace

- Playacar Spa
- Samunprai Herbal Massage *
- Spa packages

Secrets Capri Riviera Maya

- The Spa at Secrets Capri
- Vichy & Swiss showers
- Pevonia Botanica treatments

Sunscape Puerto Aventuras Riviera Maya

- The Spa at Sunscape Puerto Aventuras
- Body treatments including “Heat from the Desert Wrap” *
- Hydrotherapy – Milk Mousse
- Massage - Shiatsu

Xpu-Ha Palace

- Playacar Spa
- Holistic massage *
- Herbal steam room, pressure shower

COZUMEL

Cozumel Palace

- Spa services available

Meliá Cozumel

- Numerous body treatments
- Therapeutic massages, facials, manicures & pedicures

Playa Azul Golf, Scuba & Spa

- SaVia Spa
- Massage therapy, facials

IXTAPA

Meliá Azul Ixtapa

- Spa by the Sea

LOS CABOS

Dreams Los Cabos Golf Resort & Spa

- The Spa at Dreams Los Cabos
- In room massage
- A Touch of Perfection Spa Package *
- Romance in Paradise Spa Package

Fiesta Americana Grand Los Cabos

- Rejuvenating spa treatments available

ME Cabo

- Yhi Spa
- 6 multifunctional spa suites including spa facial, couples and vichy suites
- Reflexology path

MERIDA

Fiesta Americana Merida

- Spa services available

MEXICO CITY

Fiesta Americana Grand Chapultepec

- Rejuvenating spa treatments available

Gran Meliá Mexico Reforma

- Relaxing massage *
- Aromatherapy

PUERTO VALLARTA

Crown Paradise Club Puerto Vallarta

- Body Boutique
- Mud Massage hydrating body treatment
- Detoxifying Mayan Body treatment *
- Fresh Peppermint experience

Dreams Puerto Vallarta Resort & Spa

- Aromatherapy Salt Glow *

Fiesta Americana Puerto Vallarta

- Massage services available

Golden Crown Paradise Puerto Vallarta

- Body Boutique Spa & Salon
- Lavender & Papaya Marine Crystals body scrub *
- Acupressure, Reflexology massages
- Sun Lovers facial

The Grand Mayan Wyndham Nuevo Vallarta

- Brio Spa
- Massages in Grand-Mayan Palapas
- Hydrating body treatments
- Invigorating exfoliations

Meliá Puerto Vallarta

- Massage services available

Paradise Village Beach Resort, Spa & Golf

- Palenque Spa at Paradise Village
- Vichy Fall Body Polish
- Acu pressure Zen-Shiatsu
- Paradise Massage (deep tissue) *

Vallarta Palace

- Spa services available

UNITED STATES

ARIZONA

Phoenix/Scottsdale

Sheraton Wild Horse Pass Resort & Spa

- Aji Spa
- Aji massage
- BAHN – Blue Coyote Wrap *

The Wigwam Resort & Golf Club

- Red Door Spa
- Elizabeth Arden’s advance therapeutic and pampering skin care services *
- Extensive body treatments including wraps, polishes and mud masks

CALIFORNIA

San Diego

La Costa Resort & Spa

- Spa at La Costa
- Couples treatments
- Massages
- Private hydrotherapy tub baths
- Indochine Indulgence, Pacific Rum Ritual, Paris in the Springtime *

FLORIDA

Amelia Island/Jacksonville

- Amelia Island Plantation**
- Ionotherapy & Watsu *
 - Meditation garden

Ft. Myers

Hyatt Regency Coconut Point Resort & Spa

- Stillwater Spa
- Ashiatsu massage
- Sundari body treatments *

Miami

Mandarin Oriental Miami

- The Spa at Mandarin Oriental Miami
- Thai Massage
- Detoxifying Algae Wrap

Orlando

Orlando World Center Marriott

- Body scrubs & wraps
- Facial treatments
- Massages

Tampa

Marriott Suites Clearwater Beach on Sand Key

- Antonio’s Salon & Day Spa
- Body scrubs & wraps
- Facial treatments
- Massages

* Signature treatment at the spa.